



## tmsoc P.E. supply list

### All Grades:

- Tennis Shoes
- Change of dry clothing
- Bike Helmet (to remain at school for the entire year)
- Sunscreen

### 4th - 8th Grade P.E

#### Supply List and Class Information for PE:

- Clothing items will be used if a student gets dirty, wet, sweaty, etc.
- We do not change clothes before PE class due to limited time.
- Students should wear appropriate clothing daily, including running shoes (no Converse or flat-bottom shoes).
- Jeans, dresses, skirts, long basketball shorts (especially during biking), and “short” shorts (unless they contain a short compression liner) are not safe for PE class.

### Gym Bag Items: (4th - 8th Grade)

- Gym Bag with name visible
- Toiletries (including deodorant)
- Towel
- Complete change of clothing: T-Shirt, running shorts and warm-up pants, underwear, socks
- RAIN JACKET (seams must be sealed) with hood and zipper
- Water Bottle for bike cage, 20 oz or smaller (squeezable), no glass or metal
- Cycling gloves (full finger) or garden gloves
- Sunglasses
- Sunscreen
- Bike Helmet (to remain at school for the entire year)
- Tennis racket
- Pickleball paddle- must be a USAPA-approved graphite pickleball paddle. No wooden or hard plastic paddles (safety reasons).

We will be outside for PE class, **rain or shine!** Be prepared every day and try your best!